

## Perryfields Primary Pupil Referral Unit

# **HELP AND SUPPORT FOR CHILDREN & FAMILIES**

**Updated**: September 2023 November 2023

At Perryfields Primary Pupil Referral Unit we recognise the challenges that families face in bringing up children. There may be times when you need extra help and support. If this is the case please come and talk to us. There are many ways in which we can help as outlined in this offer of early help.

The diagram below shows the range of support at different levels. We use this graduated approach to make sure we provide the best support for different families' individual situations.



### **Key Personnel:**

The Designated Safeguarding Lead (DSL) is: Julie Fermanemail: office@perryfields.worcs.sch.ukTelephone: 01905 427011

### The deputy DSL(s) is/are:

Sarah Vaughan Email: <u>office@perryfields.worcs.sch.uk</u> Telephone: 01905 427011

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The nominated safeguarding governor is: Iain Sweatman

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The Headteacher is: Pete Hines

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The Chair of Governors is: Andy McDouall Contact details: email: office@perryfields.worcs.sch.uk Telephone: 01905 427011









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## Help & Support for Children and Families

Early Help is a pathway to supporting you and your child as they grow up when you or they may need further support or guidance at any stage of their childhood.

Providing early help to our pupils and families at Perryfields means we can improve outcomes for children, families, and communities, providing support as soon as a problem emerges, at any point in a child's life, from the early years through to teenage years.

Early Help can support children and their families who may be struggling with:

- Routines and family rules
- Families who may be not be eating healthy food
- Keeping to a healthy lifestyle
- Children who are caring for a family member
- Children who may not want to go to school for different reasons
- Disability within the family including children being a young carer
- Children in the family have special educational needs (SEND)
- Children who may becoming involved in anti-social or criminal behaviour
- Children who go missing from home
- Children or parents / carers misusing drugs or alcohol
- Children at risk of being tricked, forced, or made to work in the criminal world
- Children who may need support because they may live in a home and see drug or alcohol abuse or adult mental health problems.
- Children who have parents who argue a lot (and sometimes might hurt each other) whether the parents live together or apart.
- Children at risk of being groomed to join groups which support illegal views
- A privately fostered child (a child from another family living within your family home)

Perryfields Help & Support is the services we provide in school, and also relies upon local groups and people in the community. Sometimes we work together to help children, young people, and their families. Everyone needs help at some time in their lives and therefore an ethos of early help is important for any school.

- is in a family circumstance present challenges for the child; such as substance abuse, adult mental health problems or domestic abuse;
- has returned home to their family from care;
- is showing early signs of abuse and/or neglect;
- is at risk of being radicalised or exploited;
- is a privately fostered child.

At Perryfields we meet the needs of our children through a variety of ways:

- Attendance
- Safeguarding
- Behaviour for Learning
- Pastoral Support
- SENCO
- Designated Safeguarding Lead (DSL)
- Nurture and relationships
- Regular liaison with parents
- Involvement of outside agencies (ie Speech & Language Therapist)

The Perryfields offer of help & support is outlined in the table below. We believe that early help for children or families, in many cases, will prevent children from experiencing harm.







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### Perryfields' Help & Support Offer

#### Outreach team



The Perryfields Outreach Team provides preventative behaviour support to the 113 primary, first and middle schools in South Worcestershire. We deliver tailored programmes of support to our mainstream schools to promote positive behaviour management strategies and champion inclusive practice.

- Educational Psychologist Sarah Kellett works with pupils to understand concerns with learning and academic progress, social and emotional difficulties that impact on wellbeing and behaviour, as well as supporting them with neurodiverse needs such as autism spectrum conditions or attention difficulties.
- Football coaching with Danny Jackman- fun football themed games working on motor skills as well as team work.
- Redgate Sports Dan Thorp and the Redgate Sports Coaching Team deliver sport sessions. The programme develops skills in wide range of sports, helps the children progress in sport outside of school, and uses sport as a tool to support pupil wellbeing.
- Listening Skills Jayne Moran works with pupils in each class every week. She uses fun practical activities to teach listening skills, supporting pupils to stay focused and to follow instructions.















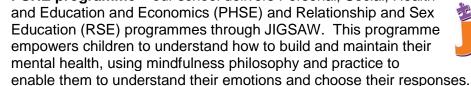


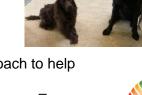


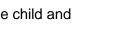
- > Mental Health First Aid Trainers our staff who have received mental health first aid training support staff to spot the signs and symptoms of common mental health issues and provide support and reassurance, as well as guiding the young person or family to professional support if needed.
- **Music Therapy –** Severn Arts runs the 'Lead the Beat programme at Perryfields, working with pupils to engage them with music.

**PSHE programme** – our school delivers Personal, Social, Health and Education and Economics (PHSE) and Relationship and Sex Education (RSE) programmes through JIGSAW. This programme empowers children to understand how to build and maintain their mental health, using mindfulness philosophy and practice to

- **Therapy dogs –** we have two therapy dogs, Bella and Monty who help children to feel calmer, and more confident to engage in school life.
- Thrive all our staff are Thrive trained. Thrive is a therapeutic approach to help support our pupils with their emotional and social development. We screen half termly to enable us to target those who need support. Through the Thrive approach, we teach children how to learn about and recognise their feelings and emotions. Thrive then promotes their emotional and social growth by building positive relationships between the child and their peers.
- Trauma Informed work Sarah Vaughan has completed a Level 5 Diploma in Trauma and Mental Health Informed Schools. As a trauma informed school, we are committed to relating to children in ways that help them feel calm, soothed and safe, instead of over-stimulated, bombarded and anxious.
- Yoga with Melissa Porter Melissa works with pupils on a one-to-one basis with their class teacher, teaching assistant or the Assistant Headteacher. We look at how we can use the yoga toolkit to help us regulate, calm our nervous system, and develop a strong and healthy mind and body. The sessions are designed around the individual child and their experience on the day. We sometimes need to calm down, but we also might look at how a strong body can help us to feel confident.























### Targeted support

Bereavement	Footprints Support for Bereaved Children and their Families in Worcestershire
Support for bereaved children and their families in Worcestershire	<u>Home - Bereavement Support South Worcestershire</u> (bereavementsupportworcestershire.org.uk) <u>Home (nwbsupport.org.uk)</u> North Worcestershire bereavement support <u>www.strichards.org.uk/our-care/supporting-the-</u>
	family/bereavement-service St Richards hospice
Children Missing in Education (CME)	Click this <u>link</u> for Children Missing Education on the Worcestershire website.
Children Missing Education (CME) refers to 'any child of compulsory school age who is <b>not</b> registered at any formally approved education activity eg school, alternative provision, elective home education, <b>and</b> has been out of education provision for at least 4 weeks'	Children Missing in Education also includes those children who are missing (family whereabouts unknown), and are usually children who are registered on a school roll / alternative provision. This might be a child who is not at their last known address <b>and either</b> has not taken up an allocated school place as expected, or has 10 or more days of continuous absence from school without explanation, or left school suddenly and the destination is unknown.
Child Criminal Exploitation (County Lines)	Children who are trafficked, exploited or coerced into committing crimes are victims in need of safeguarding and support. Though perceptions are altering these young people are still often criminalised and perceived as having 'made a choice' to take part in illegal activity. https://www.catch-22.org.uk/child-criminal-exploitation/
<ul> <li>Child Sexual Exploitation</li> <li>Key facts about CSE</li> <li>It affects both girls and boys and can happen</li> </ul>	West Midlands Safeguarding Children Procedures has a page dedicated to <u>Child Sexual Exploitation</u> . It provides information about child sexual exploitation, the roles and responsibilities of relevant agencies and the procedures practitioners should follow to ensure the safety and well-being of children and young people whom it is suspected have been sexually exploited or are at risk of sexual exploitation.
<ul> <li>in all communities.</li> <li>Any young person can be targeted but there are some particularly vulnerable groups: Looked After Children,</li> </ul>	<b>Making a referral</b> The Local Authority has a duty to make enquiries where a child may be suffering harm or neglect. If you think that a child may be at risk then you can let us know via the referral form linked below













<ul> <li>Children Leaving Care and Children with Disabilities.</li> <li>Victims of CSE may also be trafficked (locally, nationally and internationally).</li> <li>Over 70% of adults involved in prostitution were sexually exploited as children or teenagers.</li> <li>Sexual violence or abuse against children represents a major public health and social welfare problem within UK society, affecting 16% of children under 16. That is approximately 2 million children.</li> </ul>	<ul> <li>Useful Websites</li> <li><u>Barnardo's</u> spot the signs: Advice for parents, professionals and young people on the signs of sexual exploitation and how to keep safe</li> <li><u>Department for Education (Gov.uk)</u> National Action Plan for Tackling Child Sexual Exploitation</li> <li><u>Parents Against Child Sexual Exploitation</u> pace is the leading national charity working with parents and carers whose children are sexually exploited</li> <li><u>NSPCC</u> definitions, statistics, facts and resources about CSE.</li> <li><u>NWG Network</u>: Fighting against CSE and working to inform, educate and prevent child sexual abuse within the UK.</li> <li>Spotting The Signs of Child Sexual Exploitation: a 15 minute YouTube clip from Health Education England</li> <li><u>The Branch Project</u> - support service for children and young people who are victims and/or at risk of Child Sexual Exploitation (CSE).</li> </ul>
Conflict between parents <u>Harmony at Home</u>	Parental conflict, which can range from a lack of warmth and emotional distance, right through to swearing and shouting, is known to lead to poor child outcomes, particularly when conflict is frequent, intense and poorly resolved. Conflict is natural within relationships. The link <u>Harmony at</u> <u>Home</u> has been designed specifically to support families with advice, tips and information for parents and carers who may be together, separating, divorced or co-parenting.
Courts Children and the court system	Children are sometimes required to give evidence in courts, either for crimes committed against them or for crimes they have witnessed. There are two guides to support these children which can be found at www.gov.uk (young witness booklet for 5 to 11 year olds) which is a pdf. There is also a document called "going to court and being a witness age 12 to 17" which is also found at www.gov.uk. Making family arrangements via court can be stressful and entrench conflict in families. The ministry of Justice has just launched an online dispute resolution service. This can be useful to parents and carers. Got to www.gov.uk and search for "get help with arrangements."













<b>Two Pennies</b> org.uk www.citizensadviceworcester.org.uk pmarket, The Foregate, Worcester ree on 0808 278 7891 or text on 0798 g: (a) your name (b) your postcode (c) e needed (for example DEBT, NEFITS), and (d) the best time to call will then call you back on your mobile <b>Trust</b> www.moneyadvicetrust.org y, helping people across the UK to a and manage their money with
ort Groups services and information of use to e with Autism <u>Condition and Learning Disabilities</u> for family members and carers, ospital <u>lands</u> a support group for young 24 with Asperger's Syndrome in the a <u>stershire</u> I self-help and motivation group for rger's Syndrome. We provide a centre ere Aspies feel welcome and accepted. es. Find out what's happening at <u>your</u> <u>Centre</u> liatric Service liatric Service is concerned with elay and learning disability; Motor
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<ul> <li>has a profound impact on the child or young person's life.</li> <li>An assessment will be offered where the child has a condition which is substantial, long lasting or permanent, is a physical and/or learning disability or a life limiting, life threatening condition. These may include: <ul> <li>severe learning disabilities</li> <li>severe physical disabilities</li> <li>severe developmental delay in motor and or cognitive functioning</li> <li>profound multiple disabilities</li> <li>severe sensory impairment (registered blind and/or profoundly deaf)</li> <li>complex and severe health problems that arise from the disability, that are life threatening, degenerative illness or organic disorder resulting in severe disability</li> <li>a diagnosis of Autistic Spectrum Condition with an associated learning disability and where the condition severely affects day to day functioning</li> </ul> </li> </ul>	<ul> <li>dystrophy; Neuro-developmental conditions including ADHD and ASD; complex behavioural difficulties; sensory impairment; statutory medical &amp; educational assessments</li> <li>(The Community Paediatric Service South Worcestershire, The Community Paediatric Service Redditch and Bromsgrove)</li> <li>Core Assets: Core Assets deliver the Independent Support Service in partnerships with Worcestershire County Council. They provide confidential, impartial and independent information and support for young people and their families to find their way through the changes to the Special Educational needs and Disabilities (SEND) systems.</li> <li>Please note: Core Assets Independent Support</li> <li>Programme will be closing on the 31 July 2018. Independent Support was always intended to be a time limited resource, supporting the transition from statements to EHCPs. From August 2018 onwards, parents, children and young people will continue to be able to access information, advice and support on statutory assessment and annual reviews from your local SENDIASS.</li> <li>Council for Disabled Children A host of useful leaflets on SEND issues many in Easy Read format to help children understand</li> <li>Disability Information Advice Line (DIAL) Worcestershire</li> <li>Website of the disability advice line South Worcestershire</li> <li>Website of the disability advice line South Worcestershire</li> <li>Website of the disability advice line South Worcestershire</li> <li>Usability Information Advice Line (DIAL) Morcestershire</li> <li>Usability Information Advice line South Worcestershire</li> <li>Disabiled Children's Services; Education and Employment; Health; Housing; Independent Living; Learning Disabilities; Legal Support; Leisure and Holidays; Mental Health; Mobility and Aids to Daily Living and Older People's Services</li> <li>Dyslexia Parent Support Group. Find out more from the Worcestershire Dyslexic Support Group</li> <li>Learning Disabilities (opens in a n</li></ul>
Domestic Abuse	This link is a very helpful <u>website</u> for what do to in many different difficult situations. West Mercia Women's Aid: 0800 980 3331 0800 783 1359 <u>www.westmerciawomensaid.org.uk</u> e-mail <u>helpline@westmerciawomensaid.org</u>













	<b>Dawn project</b> - a free, confidential, non-judgemental service for any individual who is experiencing, or has experienced, domestic abuse.
	www.worcestercommunitytrust.org.uk/wct-in-action/dawn
	Men's Advice Line Tel: 0808 801 0327
	www.mensadviceline.org.uk Confidential helpline for men experiencing domestic violence from a partner or ex-partner (or from other family members).
<b>E-safety (Online Safety)</b> Online Activity (phones, computers) can be a <b>serious</b> <b>risk</b> to children: The use of technology has become a significant component of many safeguarding issues. Child sexual exploitation; radicalisation; sexual predation – technology often provides the platform that facilitates harm. With the right support, education and safety measures in place the internet and new technologies can also bring great benefits but we must all be vigilant	<ul> <li>PACE (parents against child exploitation) UK is a useful website to engage parents with safety issues.</li> <li>www.paceuk.info/</li> <li>https://www.thinkuknow.co.uk/parents/ - This is the Child Exploitation and Online</li> <li>Protection (CEOP) Centre. It's a one stop shop for most information about online safety.</li> <li>http://educateagainsthate.com/ - This is the government website to help parents and professionals understand the risks of children and young people being radicalised by extremists online and how to keep children safe from this.</li> <li>www.internetmatters.org – A great site for helping parents keep their children safe online.</li> </ul>
Fabricated and induced illness (FII)	Fabricated or induced illness (FII) is a rare form of child abuse. It occurs when a parent or carer , exaggerates or deliberately causes symptoms of illness in the child.
	https://www.nhs.uk/conditions/Fabricated-or-induced-illness/
Faith abuse Faith and belief-based child abuse, including practices around 'spirit possession' and 'witchcraft', is a hidden crime, which makes it difficult to quantify in terms of magnitude. However, from our own experience and in consultation with communities, we know this kind of abuse is under- reported	Child abuse linked to faith or belief Further contacts for advice can be found from the local representatives for some faiths. Karma Nirvana national support and helpline www.karmanirvana.org.uk













Female genital mutilation (FGM)	Read <u>http://www.nhs.uk/Conditions/female-genitalmutilation</u> for NHS information and signs of FGM.
Female Genital Mutilation	Any suspicion of FGM should be referred to the Police and social care.
(FGM) comprises all procedures involving partial or total removal or the external	http://nationalfgmcentre.org.uk/calfb/
female genitalia.	FGM is illegal in the UK and as of October 2015 mandatory reporting commenced. If education staff or other professionals discovers that an act FGM appears to have been carried out on a girl under 18 years old there is a statutory (legal) duty on
Es ed Deules	teachers for them PERSONALLY to report it to the police
<b>Food Banks</b> The Trussell Trust website has a search bar to look for your	Worcester foodbank 7 Lowesmoor Wharf, Lowesmoor, Worcester, WR1 2RS Tel: 01905 780400
local food bank www.trusselltrust.org/get-	www.worcester.foodbank.org.uk
help/find-a-foodbank/	
Forced marriage	UK Forced Marriage Unit fmu@fco.gov.uk Telephone: 020 7008 0151
Pressentian Frankland Oberita	Call 999 (police) in an emergency.
<b>Prevention</b> Freedom Charity- Aneeta Prem ' <b>But it's not fair</b> ' <b>book.</b> A book for teenagers	www.gov.uk/stop-forced-marriage for information on Forced Marriage. Visit Home Office website to
looking at forced marriage from	undertake Forced Marriage e-learning package
the point of view of school	https://www.gov.uk/forced-marriage. GSCB one day
friends of the girl who went to	Awareness training delivered by Infobuzz
India and didn't come back.	www.gscb.org.uk Please see 'Multi-Agency Practice
	Guidelines- Handling cases of Forced Marriage' for more information and detail:
	https://www.gov.uk/forcedmarriage.
	www.freedomcharity.org.uk The Freedom Charity (UK charity) have a helpline, text facility and app which can be downloaded to help to provide support and protection for victims of abuse, FGM or forced marriage. They can be contacted on: tel: 0845 607 0133 or text <b>4freedom</b> to <b>88802</b> or go to the website to download the app from the app page.
Gangs and youth violence	This is a website for the Youth Violence Prevention Initiative: <u>www.worcesterma.gov/youth-opportunities/youth-violence-</u> <u>prevention</u>
Gender-based	For information about West Mercia Rape and Sexual Abuse
violence/violence	visit: https://www.wmrsasc.org.uk/ FGM (Female Genital Mutilation) is violence against women
against women and girls	and girls. Forced marriage and so called 'Honour' based violence are a violation against human rights and is a high priority area of the national and local Violence Against Women and Girls Agenda. It is, primarily an issue for young women and girls aged between 13 and 30 years. Hope House SARC (Sexual Assault Referral Centre): 01452 754390

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Gender Identity Issues	The Gender Trust is a listening ear, a caring support and an information centre for anyone with any question concerning their gender identity, or whose loved one is struggling with gender identity issues. People who might be Transgender, Transsexual or people who do not identify with the gender they were assigned at birth or those who are simply unsure. <u>www.gendertrust.org.uk</u> 76 The Ridgeway, Astwood Bank, B96 6LX tel: 0845 231 0505 See also <u>www.nspcc.org.uk/keeping-children-safe/sex-relationships/gender-identity</u>
Hollie Guard- A personal	www.hollieguard.com
safety app	Children & Teens - Hollie Guard keeps your entire family safe.
Salety app	<ul> <li>Keep an eye on your children while they're traveling to</li> </ul>
	and from school with Journey.
	• Teens can get help quickly while out with friends.
	<ul> <li>Parents, guardians, and caregivers are automatically</li> </ul>
	contacted by both SMS and email.
Honour based	'Honour' based violence is a term that is widely used to
violence (HBV)	describe this sort of abuse however it is often referred to as <b>so</b>
	called 'honour' based violence because the concept of
Honour' based violence (HBV)	'honour' is used by perpetrators to make excuses for their abuse.
occurs when perpetrators	There is a very strong link between 'honour' based violence,
believe a relative or other individual has shamed or	forced marriage and domestic abuse. The term 'Honour Based
damaged a family's or	Violence' is the internationally recognised term describing
community's 'honour' or	cultural justifications for violence and abuse. Honour Based
reputation (known in some	Violence cuts across all cultures and communities: Turkish,
communities as izzat), and that	Kurdish, Afghani, South Asian, African, Middle Eastern, South and Eastern European for example. This is not an exhaustive
the only way to redeem the	list. Where a culture is heavily male dominated, HBV may exist.
damaged 'honour' is to punish and/or kill the individual.	The police have made it a high priority to help communities
	fight back to tackle both honour based violence and hate
	crime.
Mental Health	The 'Honour Network Help line': 0800 5 999 247
	Reach4wellbeing Worcestershire Reach4Wellbeing team supports and promotes
There is a range of local and national mental health	the emotional wellbeing of young people and parents of
support – websites, leaflets	primary school age children through interactive online group
and apps	programmes, using cognitive behavioural therapy (CBT)
	principles.
Apps	www.camhs.hacw.nhs.uk/reach4wellbeing
Headspace	
#StayAlive	Worcestershire Healthy Minds (self referral and self help
BEAT	leaflets)
	www.healthyminds.whct.nhs.uk
Bestie-app (wellbeing)	NHS mental health services – to find local services
Bluelce	www.nhs.uk/nhs-services/mental-health-services













	Young Minds Young Minds are a mental health charity for children, young
	people and their parents, making sure all young people can get the mental health support they need
	www.youngminds.org.uk
	Mind www.mind.org.uk
	BEAT eating disorders www.beateatingdisorders.org.uk
Missing Children and Adults Strategy	Every year an estimated 200,000 people go missing in the UK. The vast majority of missing people, children and adults, are vulnerable and need protection and support. If a child or young person goes missing from home, care or school it can be a
(vulnerable children and adults who go missing)	worrying time for everyone involved. Missing children may also be vulnerable to other forms of exploitation, to violent crime, gang exploitation, or to drug and alcohol misuse. <b>The police should be informed if any child or adult goes</b> <b>missing</b>
Preventing Radicalisation and Extremism/Hate (Prevent duty) While it remains rare for school age children to become involved in extremist activity to the point of committing criminal acts, young people can be exposed to extremist influences or prejudiced views, including via the internet, from an early age. As with other forms of criminality or risk of harm, early intervention is always preferable. Schools, working with other local partners, families and communities, can help support pupils who may be vulnerable as part of wider safeguarding responsibilities	www.educateagainsthate.com is the government website providing information and practical advice for parents, teachers and schools leaders on protecting children from radicalisation and extremism.         Anti-Terrorist Hotline: tel 0800 789 321 also concerns can be raised by email to the Home office: counter.extremism@education.gsi.gov.uk         Websites: 'Let's Talk About It' www.ltai.info         www.preventtragedies.co.uk
Prison Children with family members in prison	Approximately 200,000 children have a parent sent to prison each year. These children are at risk of poor outcomes including poverty, stigma, isolation and poor mental health. NICCO (www.nicco.org.uk) provides information to support professionals working with offenders and their children to help mitigate the negative consequences for these children. https://www.solgrid.org.uk/education/safeguarding/child- protection/issues/children-family-prison/



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Private fostering	National Fostering Agency (NFA) Call on: 0808 284 9226
	Kinship Care
	Kinship care means that relatives or friends look after children
	who cannot live with their parents. Visit this website for more information: www.worcestershire.gov.uk/privatefostering
	information. www.worcestersnire.gov.uk/privatelostering
Sexual violence and	West Mercia Rape and Sexual Abuse Support Centre:
sexual harassment	https://www.wmrsasc.org.uk/
between children in schools	01905 724 514 Helpline opening times:
and colleges Here is advice from the WCC	Monday 7:30 pm $-$ 9:30 pm
webpage	Tuesday 1:00 pm – 5:00 pm
	Thursday 7:30 pm – 9:30 pm
	Friday 10:00 a.m – 2:00 pm
Sexual assault	Sexual assault support – <u>Barnado's Beacon Service</u>
Stalking	National Stalking Helpline
General Advice:	For advice and support. The helpline will operate a triage
<ul> <li>If it doesn't feel right it</li> </ul>	service for local support and make referrals -Phone: 0808 802
probably isn't! <ul> <li>Seek support from</li> </ul>	0300 Website: www.stalkinghelpline.org
trusted family/friends	Email: advice@stalkinghelpline.org
<ul> <li>Report to the police</li> </ul>	
and do this early	Paladin: National Stalking Advocacy Service
<ul> <li>Keep a diary in a secure location</li> </ul>	For advice and referral. Phone line: 020 3866 4107
<ul> <li>Screenshot emails etc</li> </ul>	Email: info@paladinservice.co.uk
and save them	Website: www.paladinservice.co.uk/
<ul> <li>Photograph/video your</li> </ul>	
stalker if safely	Hallis Corrord Trust
<ul><li>possible.</li><li>Get advice: Hollie</li></ul>	Hollie Gazzard Trust https://holliegazzard.org/
Gazzard Trust, Paladin	<u>https://homoguzzard.org/</u>
etc	
<ul> <li>Tighten security; home,</li> </ul>	
work and on-line	
Youth produced imagery	www.nspcc.org.uk/preventing-abuse/keepingchildren-
	safe/sexting (NSPCC website).
Often known as Sexting or Sextortion	https://www.westmercia.police.uk/article/8206/Sexting (West
	Mercia Police website)











Worcestershire Help & Support (Early Help Offer)

## General support

What is our Help & Support Offer? We aim to provide support as soon as a problem appears, to stop it from getting worse. This could be at any point in a child's life, from birth to the teenage years	<ul> <li>Anyone can provide help &amp; support for families – you don't need to be an expert professional. It is not about passing the issue on to an expert, but thinking about what is the best support you can offer.</li> <li>You can provide effective support by: <ul> <li>listening</li> <li>working with other people who could help</li> <li>finding out about specialist agencies who could help</li> <li>filling out an Early Help Assessment with the person you are helping</li> <li>contacting Children's Social Care if you think the problem is more serious</li> </ul> </li> <li><a href="http://www.worcestershire.gov.uk/eha">http://www.worcestershire.gov.uk/eha</a></li> <li>There is a lot of information and advice on the Advice, Care, Health and Support pages as well as detail of local services that can provide support for children, young people and families.</li> </ul>
The Front Door to Children's Services	If a member of staff, parent/carer or member of the public thinks a child or young person is at immediate risk of significant harm they should contact the Family Front Door (FFD) <b>Tel: 01905 822 666 or in an emergency always call 999.</b>
WSCB (Worcestershire Safeguarding Children's Board) website.	http://www.worcestershire.gov.uk/safeguardingchildren Important information for <b>parents</b> and <b>professionals</b> across Worcestershire in relation to keeping children safe and avenues of support including early help options. This website has all of the agreed Worcestershire safeguarding and child protection processes on it.
Sources of help for all families in Worcestershire: Worcestershire Family Information Service (FIS)	Worcestershire Family Information Service (FIS) advisors give impartial information on <b>childcare</b> , <b>finances</b> , <b>parenting and education</b> . FIS are a useful source of information for parents and professionals. They support families, children and young people aged 0 – 19 years of age (25 for young people with additional needs) and professionals working with these families. They can help link parents up with other organisations that might be able to help or provide the information themselves.
Support for families, children and young people	<b>Worcestershire Virtual Hub</b> - A 'one stop shop' for a range of different resources that are available online, on the phone or face to face that you can access directly yourself. www.worcestershire.gov.uk/info/20643/the_family_hub











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WORCESTERSHIRE CHILDREN FIRST



	<b>Starting Well Partnership –</b> tailored information & advice for families, young people and children <u>www.startingwellworcs.nhs.uk</u>
Holiday activities	The Holiday Activities and Food (HAF) Programme offers free holiday provision to children in receipt of Free School Meals (FSM) and vulnerable families during Easter, summer and Christmas school holidays.
Home-school support Worcestershire Home Educators Network	Worcestershire Home Educators Network Weekly meetings usually throughout term time at various
Home education is becoming an increasingly popular option for families in Worcestershire and the Home Educator's Network has a growing community that are able to offer each other support. They have years of experience in educating children of all ages and are able to organise and put on a range of activities.	<ul> <li>locations round the county-for example:</li> <li>Social gatherings occur monthly in North Worcestershire for all ages, with both indoor and outdoor games plus organised activities such as climbing/zip-wires/grass sledging for 8+.</li> <li>Monthly meeting in Worcester with games, music and crafts for all ages.</li> <li>Monthly social meeting in south Worcestershire, including indoor and outdoor games, group music session and a drama group.</li> <li>"Education group" workshops organised Social events with people from neighbouring counties and</li> </ul>
Contact them on: info@worcestershire-home- educators.co.uk	national camps and gatherings that are organised by home educators throughout the year.A Worcestershire Home Educators Newsletter (WHEN) that lists all of the activities for the coming month and run a Worcestershire Home Educators Internet support list.









