

Perryfields Primary Pupil Referral Unit

HELP AND SUPPORT FOR CHILDREN & FAMILIES

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At Perryfields Primary Pupil Referral Unit we recognise the challenges that families face in bringing up children. There may be times when you need extra help and support. If this is the case please come and talk to us. There are many ways in which we can help as outlined in this offer of early help.

The diagram below shows the range of support at different levels. We use this graduated approach to make sure we provide the best support for different families' individual situations.



Key Personnel:

The Designated Safeguarding Lead (DSL) is: Julie Ferman

email: office@perryfields.worcs.sch.uk Telephone: 01905 427011

The deputy DSL(s) is/are:

Sarah Vaughan Email: office@perryfields.worcs.sch.uk Telephone: 01905 427011

Pete Hines Email: office@perryfields.worcs.sch.uk Telephone: 01905 427011

Rob Harrison Email: office@perryfields.worcs.sch.uk Telephone: 01905 427011

John Tilley Email: office@perryfields.worcs.sch.uk Telephone: 01905 427011

Steph Halliday Email: office@perryfields.worcs.sch.uk Telephone: 01905 427011

The nominated safeguarding governor is: Iain Sweatman

Contact details:

email: office@perryfields.worcs.sch.uk Telephone: 01905 427011

The Headteacher is: Pete Hines

Contact details:

email: office@perryfields.worcs.sch.uk Telephone: 01905 427011

The Chair of Governors is: Andy McDouall

Contact details:

email: office@perryfields.worcs.sch.uk Telephone: 01905 427011

Help & Support for Children and Families

Early Help is a pathway to supporting you and your child as they grow up when you or they may need further support or guidance at any stage of their childhood.

Providing early help to our pupils and families at Perryfields means we can improve outcomes for children, families, and communities, providing support as soon as a problem emerges, at any point in a child's life, from the early years through to teenage years.

Early Help can support children and their families who may be struggling with:

- Routines and family rules
- Families who may be not be eating healthy food
- Keeping to a healthy lifestyle
- Children who are caring for a family member
- Children who may not want to go to school for different reasons
- Disability within the family including children being a young carer
- Children in the family have special educational needs (SEND)
- Children who may becoming involved in anti-social or criminal behaviour
- Children who go missing from home
- Children or parents / carers misusing drugs or alcohol
- Children at risk of being tricked, forced, or made to work in the criminal world
- Children who may need support because they may live in a home and see drug or alcohol abuse or adult mental health problems.
- Children who have parents who argue a lot (and sometimes might hurt each other) whether the parents live together or apart.
- Children at risk of being groomed to join groups which support illegal views
- A privately fostered child (a child from another family living within your family home)

Perryfields Help & Support is the services we provide in school, and also relies upon local groups and people in the community. Sometimes we work together to help children, young people, and their families. Everyone needs help at some time in their lives and therefore an ethos of early help is important for any school.

In **Keeping Children Safe in Education 2022** it makes it clear that ALL staff should be aware of their local early help process and understand their role in it. In addition, this statutory document makes it clear that any child may benefit from early help, but all school staff should be particularly alert to the potential need for early help for a child who:

- is disabled and has specific additional needs;
- has special educational needs (whether or not they have a statutory education, health care plan);
- is a young carer;
- is showing signs of being drawn in to anti-social or criminal behaviour, including gang involvement and association with organised crime groups;
- is frequently missing/goes missing from care or from home;
- is misusing drugs or alcohol themselves;
- is at risk of modern slavery, trafficking or exploitation;

- is in a family circumstance present challenges for the child; such as substance abuse, adult mental health problems or domestic abuse;
- has returned home to their family from care;
- is showing early signs of abuse and/or neglect;
- is at risk of being radicalised or exploited;
- is a privately fostered child.

At Perryfields we meet the needs of our children through a variety of ways:

- Attendance
- Safeguarding
- Behaviour for Learning
- Pastoral Support
- SENCO
- Designated Safeguarding Lead (DSL)
- Nurture and relationships
- Regular liaison with parents
- Involvement of outside agencies (ie Speech & Language Therapist)

The Perryfields offer of help & support is outlined in the table below. We believe that early interventions for children or families, in many cases, will prevent children from experiencing harm.

All Perryfields staff are aware of the Perryfields offer of early help. At all times, staff will consider if there is any offer of early help that we can make in order to help a child thrive.

We are keen to work with parents both via phone calls, meetings at school and home visits. We also liaise with other agencies and people within the local community.

Perryfields' Help & Support Offer

➤ **Outreach team**



The Perryfields Outreach Team provides preventative behaviour support to the 113 primary, first and middle schools in South Worcestershire. We deliver tailored programmes of support to our mainstream schools to promote positive behaviour management strategies and champion inclusive practice.

- **Educational Psychologist Sarah Kellett** works with pupils to understand concerns with learning and academic progress, social and emotional difficulties that impact on wellbeing and behaviour, as well as supporting them with neurodiverse needs such as autism spectrum conditions or attention difficulties.



- **Football coaching with Danny Jackman**- fun football themed games working on motor skills as well as team work.



- **Redgate Sports** - Dan Thorp and the Redgate Sports Coaching Team deliver sport sessions. The programme develops skills in wide range of sports, helps the children progress in sport outside of school, and uses sport as a tool to support pupil wellbeing.



- **Listening Skills – Jayne Moran** works with pupils in each class every week. She uses fun practical activities to teach listening skills, supporting pupils to stay focused and to follow instructions.



- **Mental Health First Aid Trainers** – our staff who have received mental health first aid training support staff to spot the signs and symptoms of common mental health issues and provide support and reassurance, as well as guiding the young person or family to professional support if needed.



- **Music Therapy** – Severn Arts runs the 'Lead the Beat programme at Perryfields, working with pupils to engage them with music.



PSHE programme – our school delivers Personal, Social, Health and Education and Economics (PHSE) and Relationship and Sex Education (RSE) programmes through JIGSAW. This programme empowers children to understand how to build and maintain their mental health, using mindfulness philosophy and practice to enable them to understand their emotions and choose their responses.



- **Speech and Language Therapist Kirsty Finnegan from Summerhill Speech Therapy** attends school once a week to work with pupils on a 1:1 basis. Kirsty supports children with their speech, language and communication needs.



- **Therapy dogs** – we have two therapy dogs, Bella and Monty who help children to feel calmer, and more confident to engage in school life.



- **Thrive** – all our staff are Thrive trained. Thrive is a therapeutic approach to help support our pupils with their emotional and social development. We screen half termly to enable us to target those who need support. Through the Thrive approach, we teach children how to learn about and recognise their feelings and emotions. Thrive then promotes their emotional and social growth by building positive relationships between the child and their peers.



- **Trauma Informed work** – Sarah Vaughan has completed a Level 5 Diploma in Trauma and Mental Health Informed Schools. As a trauma informed school, we are committed to relating to children in ways that help them feel calm, soothed and safe, instead of over- stimulated, bombarded and anxious.



- **Yoga with Melissa Porter** – Melissa works with pupils on a one-to-one basis with their class teacher, teaching assistant or the Assistant Headteacher. We look at how we can use the yoga toolkit to help us regulate, calm our nervous system, and develop a strong and healthy mind and body. The sessions are designed around the individual child and their experience on the day. We sometimes need to calm down, but we also might look at how a strong body can help us to feel confident.



Targeted support



<p>Bereavement</p> <p>Support for bereaved children and their families in Worcestershire</p>	<p>Footprints Support for Bereaved Children and their Families in Worcestershire</p> <p>Home - Bereavement Support South Worcestershire (bereavementsupportworcestershire.org.uk)</p> <p>Home (nwbsupport.org.uk) North Worcestershire bereavement support</p> <p>www.strichards.org.uk/our-care/supporting-the-family/bereavement-service St Richards hospice</p>
<p>Children Missing in Education (CME)</p> <p>Children Missing Education (CME) refers to 'any child of compulsory school age who is not registered at any formally approved education activity eg school, alternative provision, elective home education, and has been out of education provision for at least 4 weeks'</p>	<p>Click this link for Children Missing Education on the Worcestershire website.</p> <p>Children Missing in Education also includes those children who are missing (family whereabouts unknown), and are usually children who are registered on a school roll / alternative provision. This might be a child who is not at their last known address and either has not taken up an allocated school place as expected, or has 10 or more days of continuous absence from school without explanation, or left school suddenly and the destination is unknown.</p>
<p>Child Criminal Exploitation (County Lines)</p>	<p>Children who are trafficked, exploited or coerced into committing crimes are victims in need of safeguarding and support. Though perceptions are altering these young people are still often criminalised and perceived as having 'made a choice' to take part in illegal activity.</p> <p>https://www.catch-22.org.uk/child-criminal-exploitation/</p>
<p>Child Sexual Exploitation</p> <p>Key facts about CSE</p> <ul style="list-style-type: none"> • It affects both girls and boys and can happen in all communities. • Any young person can be targeted but there are some particularly vulnerable groups: Looked After Children, Children Leaving Care 	<p>West Midlands Safeguarding Children Procedures has a page dedicated to Child Sexual Exploitation. It provides information about child sexual exploitation, the roles and responsibilities of relevant agencies and the procedures practitioners should follow to ensure the safety and well-being of children and young people whom it is suspected have been sexually exploited or are at risk of sexual exploitation.</p> <p>Making a referral The Local Authority has a duty to make enquiries where a child may be suffering harm or neglect. If you think that a child may be at risk then you can let us know via the referral form linked below</p>

<p>and Children with Disabilities.</p> <ul style="list-style-type: none"> • Victims of CSE may also be trafficked (locally, nationally and internationally). • Over 70% of adults involved in prostitution were sexually exploited as children or teenagers. • Sexual violence or abuse against children represents a major public health and social welfare problem within UK society, affecting 16% of children under 16. That is approximately 2 million children. 	<p>Useful Websites</p> <ul style="list-style-type: none"> • Barnardo's spot the signs: Advice for parents, professionals and young people on the signs of sexual exploitation and how to keep safe • Department for Education (Gov.uk) National Action Plan for Tackling Child Sexual Exploitation • Parents Against Child Sexual Exploitation pace is the leading national charity working with parents and carers whose children are sexually exploited • NSPCC definitions, statistics, facts and resources about CSE. • NWG Network: Fighting against CSE and working to inform, educate and prevent child sexual abuse within the UK. • Spotting The Signs of Child Sexual Exploitation: a 15 minute YouTube clip from Health Education England <p>The Branch Project - support service for children and young people who are victims and/or at risk of Child Sexual Exploitation (CSE).</p>
<p>Courts</p> <p>Children and the court system</p>	<p>Children are sometimes required to give evidence in courts, either for crimes committed against them or for crimes they have witnessed.</p> <p>There are two guides to support these children which can be found at www.gov.uk (young witness booklet for 5 to 11 year olds) which is a pdf. There is also a document called “going to court and being a witness age 12 to 17” which is also found at www.gov.uk. Making family arrangements via court can be stressful and entrench conflict in families. The ministry of Justice has just launched an online dispute resolution service. This can be useful to parents and carers. Got to www.gov.uk and search for “get help with arrangements.”</p>
<p>DDNs (Dangerous Drug Networks)</p> <p>DDN's are drug dealing gangs who target vulnerable people in order to set up drugs distribution networks.</p> <p>These criminals are using extreme violence to establish a presence, displacing an existing drug supply chain and intimidating rivals, witnesses and victims, this has resulted in local murders</p>	<p>DDN's exploit vulnerable teenagers to become drug runners for their network. Early intervention and intelligence are key to safeguard and protect the vulnerable.</p> <p>Speak to your local police by dialing 101, or in an emergency 999</p>

<p>Debt management</p> <p>Help with debt advice and sorting out problem debt</p>	<ul style="list-style-type: none"> • Worcester based Two Pennies www.twopennies.org.uk • Citizen's Advice www.citizensadviceworcester.org.uk Based at The Hopmarket, The Foregate, Worcester WR1 1DL. Call free on 0808 278 7891 or text on 0798 44 39 479 stating: (a) your name (b) your postcode (c) the type of advice needed (for example DEBT, HOUSING or BENEFITS), and (d) the best time to call you back. They will then call you back on your mobile • Money Advice Trust www.moneyadvicetrust.org A national charity, helping people across the UK to tackle their debts and manage their money with confidence.
<p>Disabilities Children with disabilities team (CWD)</p> <p>The Children with Disabilities (CwD) Social Work Team provide services designed to meet the needs of children and young people who have complex disabilities. The team is one of a range of services that can provide support to children and young people with disabilities and their families.</p> <p>The CwD team offer services to those children and young people requiring additional resources in respect of their disability, where the disability has a profound impact on the child or young person's life.</p> <p>An assessment will be offered where the child has a condition which is substantial, long lasting or permanent, is a physical and/or learning disability or a life limiting, life threatening condition. These may include:</p> <ul style="list-style-type: none"> • severe learning disabilities • severe physical disabilities 	<p>SEN Services and Support Groups</p> <ul style="list-style-type: none"> • 9 Tea Cups • autismlinks Links to events, services and information of use to families of people with Autism • Autism Spectrum Condition and Learning Disabilities Group, a group for family members and carers, Kidderminster Hospital • Autism West Midlands a support group for young people aged 16-24 with Asperger's Syndrome in the Malvern Hills area • Autism in Worcestershire ASPIE is a social self-help and motivation group for adults with Asperger's Syndrome. We provide a centre in Worcester where Aspies feel welcome and accepted. • Children's Centres. Find out what's happening at your local Children's Centre • Community Paediatric Service Community Paediatric Service is concerned with developmental delay and learning disability; Motor difficulties such as cerebral palsy and muscular dystrophy; Neuro-developmental conditions including ADHD and ASD; complex behavioural difficulties; sensory impairment; statutory medical & educational assessments (The Community Paediatric Service South Worcestershire, The Community Paediatric Service Wyre Forest and The Community Paediatric Service Redditch and Bromsgrove) • Core Assets: Core Assets deliver the Independent Support Service in partnerships with Worcestershire County Council. They provide confidential, impartial and independent information and support for young people and their families to find their way through the changes to the Special Educational needs and Disabilities (SEND) systems.

<ul style="list-style-type: none"> • severe developmental delay in motor and or cognitive functioning • profound multiple disabilities • severe sensory impairment (registered blind and/or profoundly deaf) • complex and severe health problems that arise from the disability, that are life threatening, degenerative illness or organic disorder resulting in severe disability • a diagnosis of Autistic Spectrum Condition with an associated learning disability and where the condition severely affects day to day functioning 	<p>Please note: Core Assets Independent Support Programme will be closing on the 31 July 2018. Independent Support was always intended to be a time limited resource, supporting the transition from statements to EHCPs. From August 2018 onwards, parents, children and young people will continue to be able to access information, advice and support on statutory assessment and annual reviews from your local SENDIASS.</p> <ul style="list-style-type: none"> • Council for Disabled Children A host of useful leaflets on SEND issues many in Easy Read format to help children understand • Disability Information Advice Line (DIAL) Worcestershire Website of the disability advice line South Worcestershire; local info on: Mobility; Benefits and Finance; Carers Support and Respite; Community and Voluntary Support; Disabled Children's Services; Education and Employment; Health; Housing; Independent Living; Learning Disabilities; Legal Support; Leisure and Holidays; Mental Health; Mobility and Aids to Daily Living and Older People's Services • Dyslexia Parent Support Group. Find out more from the Worcestershire Dyslexic Support Group <p>Learning Disabilities (opens in a new window) We work with people with learning disabilities, their families and the people who support them.</p>
<p>Domestic Abuse</p>	<p>This link is a very helpful website for what do to in many different difficult situations. West Mercia Women's Aid: 0800 980 3331 0800 783 1359 www.westmerciawomensaid.org.uk e-mail helpline@westmerciawomensaid.org</p> <p>Dawn project - a free, confidential, non-judgemental service for any individual who is experiencing, or has experienced, domestic abuse. www.worcestercommunitytrust.org.uk/wct-in-action/dawn</p> <p>Men's Advice Line Tel: 0808 801 0327 www.mensadvice.org.uk Confidential helpline for men experiencing domestic violence from a partner or ex-partner (or from other family members).</p>
<p>E-safety (Online Safety) Online Activity (phones, computers) can be a serious risk to children: The use of</p>	<p>PACE (parents against child exploitation) UK is a useful website to engage parents with safety issues. www.paceuk.info/</p>

<p>technology has become a significant component of many safeguarding issues. Child sexual exploitation; radicalisation; sexual predation – technology often provides the platform that facilitates harm. With the right support, education and safety measures in place the internet and new technologies can also bring great benefits but we must all be vigilant</p>	<p>https://www.thinkuknow.co.uk/parents/ - This is the Child Exploitation and Online Protection (CEOP) Centre. It's a one stop shop for most information about online safety.</p> <p>http://educateagainsthate.com/ - This is the government website to help parents and professionals understand the risks of children and young people being radicalised by extremists online and how to keep children safe from this.</p> <p>www.internetmatters.org – A great site for helping parents keep their children safe online.</p>
<p>Fabricated and induced illness (FII)</p>	<p>Fabricated or induced illness (FII) is a rare form of child abuse. It occurs when a parent or carer , exaggerates or deliberately causes symptoms of illness in the child.</p> <p>https://www.nhs.uk/conditions/Fabricated-or-induced-illness/</p>
<p>Faith abuse Faith and belief-based child abuse, including practices around 'spirit possession' and 'witchcraft', is a hidden crime, which makes it difficult to quantify in terms of magnitude. However, from our own experience and in consultation with communities, we know this kind of abuse is under-reported</p>	<p>Child abuse linked to faith or belief</p> <p>Further contacts for advice can be found from the local representatives for some faiths.</p> <p>Karma Nirvana national support and helpline www.karmanirvana.org.uk</p>
<p>Female genital mutilation (FGM)</p> <p>Female Genital Mutilation (FGM) comprises all procedures involving partial or total removal of the external female genitalia.</p>	<p>Read http://www.nhs.uk/Conditions/female-genitalmutilation for NHS information and signs of FGM. Any suspicion of FGM should be referred to the Police and social care.</p> <p>http://nationalfgmcentre.org.uk/calfb/</p> <p>FGM is illegal in the UK and as of October 2015 mandatory reporting commenced. If education staff or other professionals discovers that an act FGM appears to have been carried out on a girl under 18 years old there is a statutory (legal) duty on teachers for them PERSONALLY to report it to the police</p>
<p>Food Banks The Trussell Trust website has a search bar to look for your local food bank www.trusselltrust.org/get-help/find-a-foodbank/</p>	<p>Worcester foodbank 7 Lowesmoor Wharf, Lowesmoor, Worcester, WR1 2RS Tel: 01905 780400 www.worcester.foodbank.org.uk</p>

<p>Forced marriage</p> <p>Prevention Freedom Charity- Aneeta Prem 'But it's not fair' book. A book for teenagers looking at forced marriage from the point of view of school friends of the girl who went to India and didn't come back.</p>	<p>UK Forced Marriage Unit fm@fco.gov.uk Telephone: 020 7008 0151 Call 999 (police) in an emergency.</p> <p>www.gov.uk/stop-forced-marriage for information on Forced Marriage. Visit Home Office website to undertake Forced Marriage e-learning package https://www.gov.uk/forced-marriage. GSCB one day Awareness training delivered by Infobuzz www.gscb.org.uk Please see 'Multi-Agency Practice Guidelines- Handling cases of Forced Marriage' for more information and detail: https://www.gov.uk/forcedmarriage.</p> <p>www.freedomcharity.org.uk The Freedom Charity (UK charity) have a helpline, text facility and app which can be downloaded to help to provide support and protection for victims of abuse, FGM or forced marriage. They can be contacted on: tel: 0845 607 0133 or text 4freedom to 88802 or go to the website to download the app from the app page.</p>
<p>Gangs and youth violence</p>	<p>This is a website for the Youth Violence Prevention Initiative: www.worcesterma.gov/youth-opportunities/youth-violence-prevention</p>
<p>Gender-based violence/violence against women and girls</p>	<p>For information about West Mercia Rape and Sexual Abuse visit: https://www.wmrsasc.org.uk/ FGM (Female Genital Mutilation) is violence against women and girls. Forced marriage and so called 'Honour' based violence are a violation against human rights and is a high priority area of the national and local Violence Against Women and Girls Agenda. It is, primarily an issue for young women and girls aged between 13 and 30 years. Hope House SARC (Sexual Assault Referral Centre): 01452 754390</p> <p>www.onyourmindglos.nhs.uk for 'I've been raped or sexually assaulted' information.</p>
<p>Gender Identity Issues</p>	<p>The Gender Trust is a listening ear, a caring support and an information centre for anyone with any question concerning their gender identity, or whose loved one is struggling with gender identity issues. People who might be Transgender, Transsexual or people who do not identify with the gender they were assigned at birth or those who are simply unsure.</p> <p>www.gendertrust.org.uk 76 The Ridgeway, Astwood Bank, B96 6LX tel: 0845 231 0505</p> <p>See also www.nspcc.org.uk/keeping-children-safe/sex-relationships/gender-identity</p>

<p>Hollie Guard- A personal safety app</p>	<p>www.hollieguard.com <i>Children & Teens - Hollie Guard keeps your entire family safe.</i></p> <ul style="list-style-type: none"> • Keep an eye on your children while they're traveling to and from school with Journey. • Teens can get help quickly while out with friends. • Parents, guardians, and caregivers are automatically contacted by both SMS and email.
<p>Honour based violence (HBV)</p> <p>Honour' based violence (HBV) occurs when perpetrators believe a relative or other individual has shamed or damaged a family's or community's 'honour' or reputation (known in some communities as izzat), and that the only way to redeem the damaged 'honour' is to punish and/or kill the individual.</p>	<p>'Honour' based violence is a term that is widely used to describe this sort of abuse however it is often referred to as so called 'honour' based violence because the concept of 'honour' is used by perpetrators to make excuses for their abuse.</p> <p>There is a very strong link between 'honour' based violence, forced marriage and domestic abuse. The term 'Honour Based Violence' is the internationally recognised term describing cultural justifications for violence and abuse. Honour Based Violence cuts across all cultures and communities: Turkish, Kurdish, Afghani, South Asian, African, Middle Eastern, South and Eastern European for example. This is not an exhaustive list. Where a culture is heavily male dominated, HBV may exist. The police have made it a high priority to help communities fight back to tackle both honour based violence and hate crime.</p> <p>The 'Honour Network Help line': 0800 5 999 247</p>
<p>Mental Health</p> <p>There is a range of local and national mental health support – websites, leaflets and apps</p> <p>Apps Headspace #StayAlive BEAT CALM HARM Bestie-app (wellbeing) Bluelce</p>	<p>Reach4wellbeing Worcestershire Reach4Wellbeing team supports and promotes the emotional wellbeing of young people and parents of primary school age children through interactive online group programmes, using cognitive behavioural therapy (CBT) principles. www.camhs.hacw.nhs.uk/reach4wellbeing</p> <p>Worcestershire Healthy Minds (self referral and self help leaflets) www.healthyminds.whct.nhs.uk</p> <p>NHS mental health services – to find local services www.nhs.uk/nhs-services/mental-health-services</p> <p>Young Minds Young Minds are a mental health charity for children, young people and their parents, making sure all young people can get the mental health support they need www.youngminds.org.uk</p> <p>Mind www.mind.org.uk</p> <p>BEAT eating disorders www.beateatingdisorders.org.uk</p>

<p>Missing Children and Adults Strategy (vulnerable children and adults who go missing)</p>	<p>Every year an estimated 200,000 people go missing in the UK. The vast majority of missing people, children and adults, are vulnerable and need protection and support. If a child or young person goes missing from home, care or school it can be a worrying time for everyone involved. Missing children may also be vulnerable to other forms of exploitation, to violent crime, gang exploitation, or to drug and alcohol misuse. The police should be informed if any child or adult goes missing</p>
<p>Preventing Radicalisation and Extremism/Hate (Prevent duty) While it remains rare for school age children to become involved in extremist activity to the point of committing criminal acts, young people can be exposed to extremist influences or prejudiced views, including via the internet, from an early age. As with other forms of criminality or risk of harm, early intervention is always preferable. Schools, working with other local partners, families and communities, can help support pupils who may be vulnerable as part of wider safeguarding responsibilities</p>	<p>www.educateagainsthate.com is the government website providing information and practical advice for parents, teachers and schools leaders on protecting children from radicalisation and extremism.</p> <p>Anti-Terrorist Hotline: tel 0800 789 321 also concerns can be raised by email to the Home office: counter.extremism@education.gsi.gov.uk</p> <p>Websites: 'Let's Talk About It' www.ltai.info www.preventtragedies.co.uk</p>
<p>Prison Children with family members in prison</p>	<p>Approximately 200,000 children have a parent sent to prison each year. These children are at risk of poor outcomes including poverty, stigma, isolation and poor mental health. NICCO (www.nicco.org.uk) provides information to support professionals working with offenders and their children to help mitigate the negative consequences for these children. https://www.solgrid.org.uk/education/safeguarding/child-protection/issues/children-family-prison/</p>
<p>Private fostering</p>	<p>National Fostering Agency (NFA) Call on: 0808 284 9226</p> <p>Kinship Care Kinship care means that relatives or friends look after children who cannot live with their parents. Visit this website for more information: www.worcestershire.gov.uk/privatefostering</p>
<p>Sexual violence and sexual harassment between children in schools and colleges</p>	<p>West Mercia Rape and Sexual Abuse Support Centre: https://www.wmrsasc.org.uk/ 01905 724 514 <u>Helpline opening times:</u> Monday 7:30 pm – 9:30 pm Tuesday 1:00 pm – 5:00 pm</p>

<p>Here is advice from the WCC webpage</p> <p>Sexual assault</p>	<p>Thursday 7:30 pm – 9:30 pm Friday 10:00 a.m – 2:00 pm</p> <p>Sexual assault support – Barnado's Beacon Service</p>
<p>Stalking General Advice:</p> <ul style="list-style-type: none"> ▪ If it doesn't feel right it probably isn't! ▪ Seek support from trusted family/friends ▪ Report to the police and do this early ▪ Keep a diary in a secure location ▪ Screenshot emails etc and save them ▪ Photograph/video your stalker if safely possible. ▪ Get advice: Hollie Gazzard Trust, Paladin etc ▪ Tighten security; home, work and on-line 	<p>National Stalking Helpline For advice and support. The helpline will operate a triage service for local support and make referrals -Phone: 0808 802 0300 Website: www.stalkinghelpline.org Email: advice@stalkinghelpline.org</p> <p>Paladin: National Stalking Advocacy Service For advice and referral. Phone line: 020 3866 4107 Email: info@paladinservice.co.uk Website: www.paladinservice.co.uk/</p> <p>Hollie Gazzard Trust https://holliegazzard.org/</p>
<p>Youth produced imagery</p> <p>Often known as Sexting or Sextortion</p>	<p>www.nspcc.org.uk/preventing-abuse/keepingchildren-safe/sexting (NSPCC website).</p> <p>https://www.westmercia.police.uk/article/8206/Sexting (West Mercia Police website)</p>

Worcestershire Help & Support (Early Help Offer)



General support

<p>What is our Help & Support Offer?</p> <p>We aim to provide support as soon as a problem appears, to stop it from getting worse. This could be at any point in a child's life, from birth to the teenage years</p>	<p>Anyone can provide help & support for families – you don't need to be an expert professional. It is not about passing the issue on to an expert, but thinking about what is the best support you can offer.</p> <p>You can provide effective support by:</p> <ul style="list-style-type: none"> • listening • working with other people who could help • finding out about specialist agencies who could help
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	<ul style="list-style-type: none"> filling out an Early Help Assessment with the person you are helping contacting Children's Social Care if you think the problem is more serious <p>http://www.worcestershire.gov.uk/eha There is a lot of information and advice on the Advice, Care, Health and Support pages as well as detail of local services that can provide support for children, young people and families.</p>
The Front Door to Children's Services	If a member of staff, parent/carer or member of the public thinks a child or young person is at immediate risk of significant harm they should contact the Family Front Door (FFD) Tel: 01905 822 666 or in an emergency always call 999.
WSCB (Worcestershire Safeguarding Children's Board) website.	http://www.worcestershire.gov.uk/safeguardingchildren Important information for parents and professionals across Worcestershire in relation to keeping children safe and avenues of support including early help options. This website has all of the agreed Worcestershire safeguarding and child protection processes on it.
Sources of help for all families in Worcestershire: Worcestershire Family Information Service (FIS)	Worcestershire Family Information Service (FIS) advisors give impartial information on childcare, finances, parenting and education . FIS are a useful source of information for parents and professionals. They support families, children and young people aged 0 – 19 years of age (25 for young people with additional needs) and professionals working with these families. They can help link parents up with other organisations that might be able to help or provide the information themselves.
Support for families, children and young people	Worcestershire Virtual Hub - A 'one stop shop' for a range of different resources that are available online, on the phone or face to face that you can access directly yourself. www.worcestershire.gov.uk/info/20643/the_family_hub Starting Well Partnership – tailored information & advice for families, young people and children www.startingwellworcs.nhs.uk
Holiday activities	The Holiday Activities and Food (HAF) Programme offers free holiday provision to children in receipt of Free School Meals (FSM) and vulnerable families during Easter, summer and Christmas school holidays. www.worcestershire.gov.uk/readysteadyworcs
Home-school support Worcestershire Home Educators Network	Worcestershire Home Educators Network

Home education is becoming an increasingly popular option for families in Worcestershire and the Home Educator's Network has a growing community that are able to offer each other support. They have years of experience in educating children of all ages and are able to organise and put on a range of activities.

Contact them on:

info@worcestershire-home-educators.co.uk

Weekly meetings usually throughout term time at various locations round the county-for example:

- *Social gatherings occur monthly in North Worcestershire for all ages, with both indoor and outdoor games plus organised activities such as climbing/zip-wires/grass sledging for 8+.*
- *Monthly meeting in Worcester with games, music and crafts for all ages.*
- *Monthly social meeting in south Worcestershire, including indoor and outdoor games, group music session and a drama group.*
- *"Education group" workshops organised*

Social events with people from neighbouring counties and national camps and gatherings that are organised by home educators throughout the year. A Worcestershire Home Educators Newsletter (WHEN) that lists all of the activities for the coming month and run a Worcestershire Home Educators Internet support list.