



## RSE

### INTENT

At Perryfields Primary PRU, we understand and feel it is essential that pupils must be provided with an education that prepares them for the **opportunities, responsibilities and experiences** of adult life. A key part of this relates to **relationships and health** education, which must be delivered to every primary-aged pupil.

Relationships education focuses on giving pupils the **knowledge** they need to make **informed** decisions about their **wellbeing, health and relationships**, and to build their **self-efficacy**. Health education focuses on equipping pupils with the knowledge they need to make **good decisions** about their **own health and wellbeing**.

We understand our responsibility to deliver a high-quality and **age-appropriate** relationships, sex and health curriculum for all our pupils. Our Relationships, Sex and Health education will mainly be delivered through our PSHE, Computing, Science and PE curriculums; however, where other **high quality curriculum links** can be made, we will use these to **broaden and deepen** our children's understanding. At Perryfields, we also utilise our excellent links with the school nurse service and benefit from their **expert knowledge and input**.

### IMPLEMENTATION

RSE education is the school subject through which children and young people acquire the **knowledge, skills and attributes** they need to stay **healthy, safe, and thrive** now and in the future. A **variety of teaching and learning strategies** are used which encourage **participation**, with opportunities for pupils to develop **critical thinking and relationship skills**.

In the Autumn term, learners will study '**Health and Wellbeing**'. This will include **physical wellbeing, mental health, keeping safe** in different environments, what to do when there has been an accident and about **drugs, alcohol and tobacco**.

In the Spring term our core theme is **relationships**. This focuses on **families and friendships**, what constitutes **positive relationships** and **how to seek help** when needed. Discussions of safe relationships and managing **hurtful behaviours** are also carried out. **Relationship offline and online** are included in this category.

Lastly in the summer term the overall theme is living in the **wider world**. This topic looks at **shared responsibilities** and how we have a part to play to **help** each other and to **look after the environment**. **Economic wellbeing** is studied in terms of money and **aspirations, work and future careers**.

### IMPACT

Pupils at Perryfields will demonstrate **confidence and awareness** about sex and relationships in an **independent and safe** way. Learners will develop a good **understanding** about **safety and risks in relationships**. They will be prepared for the **physical and emotional changes** they undergo during puberty. RSE will promote **learners wellbeing** and will prepare learners for the **challenges, opportunities, and responsibilities** of adult life. The RSE curriculum will have a **positive impact** on learners' **health and wellbeing** and their **ability to achieve**, and this will play a crucial part in meeting these obligations.