



PHYSICAL EDUCATION

INTENT

At Perryfields Primary PRU, Physical education is an important part of our curriculum and forms part of our **learning outside the classroom** package. Alongside our more formal lessons, each child has the opportunity to participate in two teacher led activities each day during brain-break and lunchtime break. These games, such as football, basketball, kwik cricket, tennis etc... help to develop **resilience, reflection, collaboration and self-esteem** and are crucial in supporting our pupils **communicating** effectively and successfully with various adults and their peers. Key skills such as **turn taking, success and failure, empathy** are all modelled through the adult led activities.

Each week, formal PE lessons include a weekly swimming session (a **key life skill**) and multi-sports session led by a fully qualified external coach where they build on their skills. Furthermore, we use our wider local community to **enrich and expose** our pupils to a plethora of sporting activities such as skiing, archery rock climbing, Judo, hockey, tennis, kayaking/canoeing to name but a few.

To help further support our pupils ambition and collaboration with the **local community**, Perryfields take part in cluster events and festivals at the Local University, Special Schools and even hosts and attends sporting fixtures against local schools, giving our pupils a sense of **pride, togetherness and belonging**.

P.E. at Perryfields aims to develop our pupils' **physical competence and knowledge of movement and safety**, and their ability to use these to perform in a wide range of activities associated with the development of a **lifelong active and healthy lifestyle**.

At Perryfields our PE offer aims to have a **positive impact** on the **whole child**. The **emotional health and wellbeing of** children is considered throughout and PE can be one such platform to support children who are experiencing unsettling circumstances.

IMPLEMENTATION

PE at Perryfields provides **challenging and enjoyable** learning through a range of sporting activities including; invasion games, net & wall games, strike and field games, gymnastics, dance, swimming and outdoor & adventure.

The long term plan sets out the PE units which are to be taught throughout the year and ensures that the requirements of the National Curriculum are fully met. In addition to this, **links** are made with other subjects such as science and PSHE so pupils are learning with a purpose and **understanding of the wider world** is enhanced.

Pupils **participate** in two high quality PE lessons each week, covering two sporting disciplines every half term. In addition, children are encouraged to participate in the varied range of **extra-curricular** activities at lunch time.

Children are invited to attend **competitive sporting events** within the local area. This is an **inclusive** approach which endeavours to encourage not only **physical development** but also **mental well-being**. These events also develop **teamwork and leadership skills** and are very much enjoyed by the children.

IMPACT

We help **motivate** children to **participate** in a variety of sports through quality teaching that is **engaging and fun**. From our lessons, our children learn to **take responsibility** for their own health and fitness, many of whom also enjoy the success of **competitive** sports. We equip our children with the necessary **skills** and a **love for sport**. They will hopefully grow up to live **happy and healthy lives** utilising the **skills and knowledge** acquired through PE.

PE is assessed by judging individual pupils and their **age appropriate attainment** against **key skills** from each unit. Over time this informs assessment for learning in the different aspects of PE and gives an accurate picture of **pupil needs** at Perryfields.